

Barbara's Booklist

Dear Friends! A big electronic hug. Since many of you will have the delicious luxury to have time to read now, I'd love to spark your interest with my list of favourite books, enjoy... love you all, Arjava, Barbara and recommendations:

Literature

The Idiot by Fyodor Dostoevsky
Crime and Punishment by Fyodor Dostoevsky
The Brothers Karamazov by Fyodor Dostoevsky
War and Peace by Leo Tolstoy
Fathers and Sons by Ivan Turgenev
The trial by Franz Kafka
Siddhartha by Hermann Hesse
Steppenwolf by Hermann Hesse
Klingsohr's last summer by Hermann Hesse
Etel Andergast by Jakob Wassermann
Dr. Kerkhoven's third existence by Jakob Wassermann
Gitanjali by Rabindranath Tagore
Short Stories by Rabindranath Tagore
The perfume by Patrick Süskind
The forty rules of love by Elif Shafak
Zorba the Greek by Nikos Kazantzakis
Report to El Greco by Nikos Kazantzakis
The lord of the rings by Tolkien

Poetry

The prophet and collected works by Kalil Gibran
Rumi, collected works
Hafiz, collected works
Odysseus Elytis, collected works
Rainer Maria Rilke, collected works
T.S. Elliot, poems
The Invitation by Oriah Mountain Dreamer
Matsuo Basho, haikus
Issa Kobayashi, haikus
Crow with no mouth, haikus by Ikkyu
Mountain Tasting by Santoka
Cold mountain poems by Han Shan

Spirituality

Vigyan Bhairav Tantra (The book of Secrets) by Osho
The heart Sutra by Osho
When the shoe fits by Osho
The Beloved by Osho
A cup of tea, by Osho
Seeds of wisdom by Osho
The way of the Bodhisattva by Shantideva
Any of the great Buddhist Scriptures/Sutras
Autobiography of a Yogi by Paramahansa Yogananda
The Power of Now by Eckhart Tolle
The diaries by J. Krishnamurti
I am that by Nisargadatta Maharaj

Sufism

Awakening by Pir Vilayat Inayat Khan
The conference of the birds by Farid utt din Attar
Anything by Meher Baba
Life is a fire by Irina Tweedie

Women The gift of the sea by Anne Morrow Lindbergh

Chinese Spiritual Classics

Tao Te King by Lao Tzu
The inner chapters by Chuang Tzu
Lieh Tzu
Back to the basics
Walden by Thoreau
Tibetan Buddhism

The excellent path to enlightenment by Dilgo Khyentse Rinp.
Gesture of Balance by Tarthang Tulku
Enlightenment is a choice by Tarthang Tulku
Crazy wisdom by Chögyam Trungpa Rinpoche
Active meditation by Chögyam Trungpa Rinpoche
Words of my perfect teacher by Patrul Rinpoche
Gently whispered by Kalu Rinpoche
Secret Buddhism by Kalu Rinpoche
Counsels from my heart by Dudjom Rinpoche

Christian Mystics

Meister Eckehardt
Theresa Avila
St John of the Cross

Mysticism

The fourth way P.D. Ouspensky
Meetings with remarkable men, by Gurdjieff

Therapy

My voice will go with you, by Sidney Rosen
Love's hidden Symmetry, by Bert Hellinger
(If you read German "Ordnungen der Liebe")

Bodywork

Pain Free by Pete Egoscue
The stillness of life by Rollin Becker

Zen Buddhism

Zen Mind Beginners mind by Shunryu Suzuki
Crooked Cucumber by Shunryu Suzuki
Branching streams flow in the darkness by Shunryu Suzuki
Not always so by Shunryu Suzuki
Immovable Wisdom by Hakuin
Appreciate your life by Taizan Maezumi Roshi
The hazy moon of enlightenment by Taizan

Maezumi Roshi
Zen Flesh, Zen Bones by Paul Reps
The iron flute by Senzaki
Hara by Karlfried von Duerkheim
Anything you can find by Kodo Sawaki

New Age

Hands of Light by Barbara Brennan

Autobiographies The story of my experiments with truth by Mahatma Gandhi
Glimpses of a golden childhood by Osho
The Dylan Chronicles by Bob Dylan
The real Frank Zappa book by Frank Zappa
Wild Ivy by Hakuin
From third world to first by Lee Kuan Yew
About the value of aging, by Herman Hesse
My life as a seer by Edgar Cayce
Towards freedom by Jawaharlal Nehru

Biographies

Che Guevara by John Lee Anderson
The beloved, The life of Meher Baba
The gospel of Shree Ramakrishna

Death, Dying and Illness

The butterfly and the diving bell by Jean Dominique Bauby
Life after life by Raymund Moody
Healing into life and death by Stephen Levine